

ABSTRACT

A high pressure discharge lamp includes a quartz glass bulb, a conductive element which is sealed at a sealing portion of the bulb, and a pair of electrodes. Each 5 electrode is disposed in the quartz glass bulb so as to be opposite the other and connected to the conductive element. A part of each electrode is sealed with the quartz glass bulb at the sealing portion so as to generate a contacting portion formed by the part of each electrode and the bulb. The maximum length, L_{\max} , of the contacting portion is defined as: L_{\max} (mm) \leq $200 / (P \times D)$; and the minimum length, L_{\min} , of the contacting 10 portion is defined as: L_{\min} (mm) \geq $0.8 / (D^2 \times \pi)$ or L_{\min} (mm) \geq 0.7 whichever is longer, where D is the diameter (mm) of the electrode and P is the power (W) supplied to the electrode.